



## Implementoring a Healthy Meal for all

Implementoring Healthy Meal for all (Healthy Wave) project aims to contribute to the implementation of the European Child Guarantee to ensure effective and free access to at least one healthy meal each school day for all children at risk of poverty and social exclusion in Europe. We need to implement school lunch concepts that have high nutritious quality, are safe, sustainable and low in waste, inclusive, satisfactory to children, parents and school staff, feasible and affordable.



**HEALTHY  
WAVE**



**Co-funded by  
the European Union**

## Four implementation strategies

Based on the need analyses done in the pilot cities Baciú, Varna, Riga and Rotterdam, there will be made four local implementation healthy school meals strategies. Together with the research on identifying which factors might be important to successfully implement a healthy school lunch for all children. In the end, this research and toolkit might help our other cities and countries (in Europe).

## Healthy Sustainable Food Toolkit

The toolkit will be based on the benchmarks of the Whole School Food Approach. This framework is currently primarily useful for schools. Within Healthy Wave, however, we focus on cities and what role they can play in organizing healthy school meals. The toolkit is a set of good practices provided together with predetermined info for each benchmark / key factor. The final toolkit will be released and published after consultation of all partners and members of the Children and young people Working Group and Food Working Group of Eurocities.

## Partnership

The partnership consists of 11 partners from Europe.

- City of Rotterdam (Lead)
- Erasmus MC
- Asociația GAL Somes-Nadas
- Agrupamento de Escolas Anselmo de Andrade
- Obs Delfshaven
- Municipality of Milan
- Rikolto
- Riga City Council
- Asociația Cluster de Educație Cluj-Napoca
- Municipality of Varna
- Göteborgs stad

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